

ROAD MAP TO READY

BE AWARE & PREPARED



CREATING A PERSONAL PREPAREDNESS PLAN

Disasters can strike unexpectedly, but with a well-prepared plan, you and your loved ones can remain safe. Follow this step-by-step guide to create your own personal disaster preparedness plan.



CREATE AN EMERGENCY COMMUNICATION PLAN

- Emergency Contacts:** Create a list that includes family members and/or close friends. Make copies for everyone in your household.
- Key Contacts:** Include information for medical facilities, doctors, schools or other service providers.
- Out-Of-State Contact:** Choose a trusted out-of-state contact. In the event local communication is disrupted, everyone can check in with this person to provide information.



BUILD AN EMERGENCY KIT

- Pack Essentials in a Go-Bag:** In a bag you can carry, collect food that does not spoil, water, medication and important documents.



MAKE AN EVACUATION & SHELTER PLAN

- Evacuation Routes:** Plan different ways to leave your home quickly, and choose a place to meet up.
- Find Safe Places:** Locate nearby places to go for safety, like a friend's house or a community center.



ADDRESS UNIQUE OR SPECIAL NEEDS

- Medical Needs:** Account for any special medical needs of family members, including prescriptions and medical equipment.
- Pets:** Make arrangements for your pets. Have carriers, food and supplies ready.



STAY INFORMED

- Local Alerts:** Sign up for emergency alerts through radio, TV or smartphone apps.
- Weather Updates:** Keep up to date with weather forecast and potential warnings.



PRACTICE & REVIEW

- Practice:** Conduct emergency drills to practice the plan in place.
- Review and Update:** Regularly review and update your plan as needs change.



SCAN CODE
TO VIEW
RESOURCES
PAGE

[OID.OK.GOV/GET-READY](https://oid.ok.gov/get-ready)

FOR MORE INFORMATION VISIT [OID.OK.GOV](https://oid.ok.gov) OR FOLLOW US ON SOCIAL MEDIA.



Oklahoma Insurance
Department



@oid411



@oid411



Oklahoma Insurance
Department



@okinsurance411



OKLAHOMA
INSURANCE
DEPARTMENT



DISASTER GO-BAG CHECKLIST

Packing a go-bag can help you stay safe in the hours and days following a disaster. Paying attention to weather alerts and notifications from local officials will help you know when to have your bag ready to grab. This list contains some of the items you might need during a disaster.

SAFETY

- Helmet
- Goggles
- Gloves
- Flashlight
- Battery-Powered Radio
- First Aid Kit
- Cell Phone
- Chargers

DOCUMENTATION

- IDs/Driver's License
- Emergency Contact List
- Insurance Policy Information
- Home Inventory List
- Medical Records

ESSENTIALS

- Snacks
- Water
- Cash
- Medication & Prescriptions
- Baby Products
- Glasses & Contacts
- Pet Food & Supplies
- Blanket

PERSONAL

- Clothing
- Toiletry Kit
- Cash
- Toys & Games For Children

OID ASSISTANCE

STATE: 800.522.0071

OKC: 405.521.2828

TULSA: 918.295.3700

OID.OK.GOV

